Yogurt Island™ U-create™

Nutrition Information

Yogurt Flavor	Calories	Cholesterol	Sugars	Protein	Calcium	Carbs	Grams of Fat	Serve Size
Original Tart	70	0mg	9g	2g	6%	15g	0g	4oz
Classic Tart	90	1mg	14g	2g	8%	20g	1g	4oz
Agave Tart	100	0mg	19g			20g	0g	4oz
Vanilla NSA	80	5mg	6g	4g	15%	19g	0g	4oz
Vanilla Bean	111	2mg		3g	13%	25g	0g	4oz
French Vanilla	101	3mg	0g	5g	18%	21g	0g	4oz
Strawberry Banana NSA	80	0mg	6g	3g	15%	18g	0g	4oz
Choclate NSA	86	2mg	8g	4g	14%	19g	1g	4oz
Caffee Latte	110	2mg	18g	3g	14%	24g	0g	4oz
Peanut Butter	129	1mg	18g	4g	10%	24g	2g	4oz
Cookies & Cream	118	1mg	19g	3g	10%	26g	1g	4oz
Butterscotch	110	5mg	16g	3g	15%	23g	0g	4oz
NY Cheesecake	100	5mg	16g	3g	10%	23g	0g	4oz
Pumpkin	118	1mg	19g	2g	10%	27g	0g	4oz
Orangeburst	90		19g	0g	0%	22g	0g	4oz
Pink Lemonade	90		19g	0g	0%	22g	0g	4oz
Peppermint Stick	113	1mg	18g	3g	10%	25g	0g	4oz
Yogurt Island Sorbet	104	0mg		0g	0%	26g	0g	4oz